

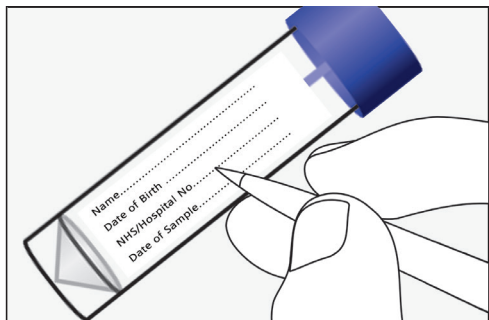
# Sample Collection for Faecal Calprotectin Testing

Worcestershire  
Acute Hospitals NHS Trust



## How to Collect Your Sample

**1** Please write your full name, date of birth and NHS/hospital number AND date of sample on the tube label.

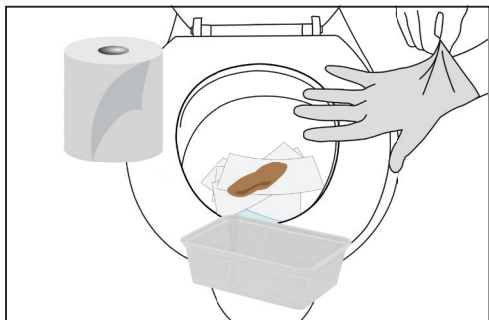


## **2** HOW TO CATCH YOUR SAMPLE

It is important that your stool sample does not touch the toilet water or urine. Ideally it should be the first bowel movement of the day. There are different ways to collect your sample, try:

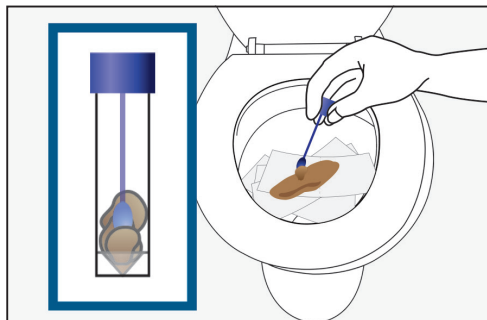
- A. Several layers of folded toilet paper
- B. Hand inside a small plastic bag/glove
- C. A clean disposable container

You may find a way that is easier for you, but make sure you catch your stool sample **before it touches the water**.

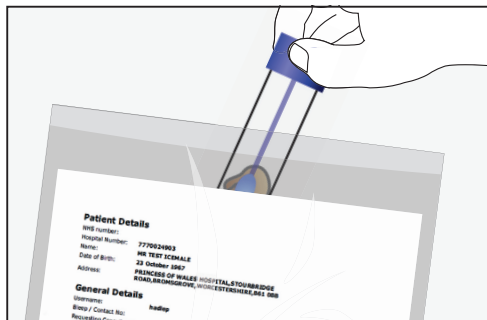


**3** Using the scoop attached to the cap of the collection container place some of the remaining sample into the container until it is around a **third full (do not overfill the container)**.

Once collected twist the cap clockwise to close securely.



**4** Please place your sample in the specimen bag (if provided), and seal. Please return it to your local surgery (unless advised otherwise by your GP) **with the request form**, within 24 hours. From here your sample will be sent to the laboratory by routine Pathology transport.



Please Return Your Sample Within 24 Hours