

CHECKLIST FOR DOCTORS POST BARIATRIC SURGERY

Key Document code:	WAHT-TP- 034	
Key Documents Owner:	Emma White	Bariatric Surgery Dietitian
Approved by:	Surgery Directorate Governance Meeting	
Date of Approval:	22 nd October 2020	
Date of review: This is the most current version and should be used until a revised document is in place	24 th June 2025	

Key Amendments

Date	Amendment	Approved by
2 nd April 2024	Document extended for 6 months whilst under review	Emma White
24 th December 2024	Document extended for 6 months whilst under review	Emma White

Please attach patient sticker here or record:

Name:.....

NHS No:

Hosp No:

D.O.B: .../.../..... Male Female

Consultant: Ward:



CHECKLIST FOR DOCTORS POST BARIATRIC SURGERY

- Patient can progress to free fluids (for 2 weeks post-surgery). ☐
- Order post op bloods to include re-feeding profile and correct as necessary. ☐
- Unless tablets are small medication should be in liquid, crushable or chewable form for 4-6 weeks post-surgery. Please ensure all routine medication is prescribed. ☐
- If patient has type 1 diabetes, or type 2 diabetes treated with insulin prior to surgery, refer to Diabetes Specialist Nurse. ☐
- Refer patients with type 2 diabetes to Diabetes Specialist Nurse for advice if blood glucose levels are consistently between 7-11mmol/l. Metformin may need to be commenced in liquid form. ☐
- Complete checklist for medicines optimisation in patients following bariatric surgery. Fortisip Yoghurt style/Fortisip Compact not needed for TTO's. ☐
- Bariatric Medicines Management Medicines Optimisation Checklist page 17 of the [Guidelines for medicines management following bariatric surgery](#)