

**CHECKLIST FOR DOCTORS POST BARIATRIC SURGERY**

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<b>Approved by:</b>	Surgery Directorate Governance Meeting	
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**Key Amendments**

<b>Date</b>	<b>Amendment</b>	<b>Approved by</b>
2 <sup>nd</sup> April 2024	Document extended for 6 months whilst under review	Emma White

Please attach patient sticker here or record:

Name:.....

NHS No:

Hosp No:

D.O.B: .../.../..... Male Female

Consultant: ..... Ward: .....



**CHECKLIST FOR DOCTORS POST BARIATRIC SURGERY**

- Patient can progress to free fluids (for 2 weeks post-surgery).
- Order post op bloods to include re-feeding profile and correct as necessary.
- Unless tablets are small medication should be in liquid, crushable or chewable form for 4-6 weeks post-surgery. Please ensure all routine medication is prescribed.
- If patient has type 1 diabetes, or type 2 diabetes treated with insulin prior to surgery, refer to Diabetes Specialist Nurse.
- Refer patients with type 2 diabetes to Diabetes Specialist Nurse for advice if blood glucose levels are consistently between 7-11mmol/l. Metformin may need to be commenced in liquid form.
- Complete checklist for medicines optimisation in patients following bariatric surgery. Fortisip Yoghurt style/Fortisip Compact not needed for TTO's.
- Bariatric Medicines Management Medicines Optimisation Checklist page 17 of the [Guidelines for medicines management following bariatric surgery](#)