

## ADRENALINE AUTO-INJECTOR CHECKLIST

<b>Key Document code:</b>	<b>WAHT-TP- 053</b>
<b>Approved by</b>	<b>Paediatric QIM</b>
<b>Date of Approval</b>	<b>9<sup>th</sup> February 2024</b>
<b>Date of next review</b>	<b>9<sup>th</sup> February 2027</b>

  

Patient name - NHS Number – Date of birth -	Training given to: Date of training: Device:
Discuss allergen avoidance	
Informed of allergy support groups (Allergy UK, Anaphylaxis Campaign)	
Information Leaflets provided/websites and apps suggested	
<b>Allergy Action Plan</b> <ul style="list-style-type: none"> <li>• Copy given to family</li> <li>• Copy for school/nursery</li> <li>• Discussed mild/moderate reactions and administration of antihistamine</li> <li>• Discussed severe reactions, immediate administration of Adrenaline Autoinjector and call 999</li> </ul>	
Family informed that Adrenaline Autoinjector are: <ul style="list-style-type: none"> <li>• one use only</li> <li>• two should always be with the child/young person</li> <li>• administered straight away if anaphylaxis is suspected</li> </ul>	
Adrenaline autoinjector demonstrated given Family given the opportunity to practice Family informed of the importance of practicing regularly Trainer pen given to take home or advised where to obtain one from.	
Family informed that anyone looking after the child should be familiar with signs of anaphylaxis and how to administer Adrenaline Autoinjector.	
Scenarios provided to clarify understanding. Child and family can distinguish between mild/moderate and severe allergic reactions.	
Discussed: <ul style="list-style-type: none"> <li>• storage of medication</li> <li>• repeat prescriptions</li> <li>• expiry date and text alert service</li> <li>• availability of online demonstrations</li> <li>• Co factors (stress, exercise, hot showers)</li> <li>• Posture during and after a reaction</li> </ul>	
Questions answered and contact details of allergy service given.	
Comments:	
Sign, print and date	