

Newly Diagnosed Type 1 Diabetic Checklist
(please print, complete and file in back of patient's notes)

Key Document code:	WAHT-TP- 045	
Key Documents Owner:	Dr West	Consultant Paediatrician
Approved by:	Paediatric Quality Improvement meeting	
Date of Approval:	26 th March 2021	
Date of review: This is the most current version and should be used until a revised document is in place	26 th March 2024	

Key Amendments

Date	Amendment	Approved by
26 th March 2021	Approved with no amendments	Paediatric QIM
1 st March 2023	Diabetic Kit Order Sheet updated	Medicines Management

Newly Diagnosed Type 1 Diabetic Checklist

(please print, complete and file in back of patient's notes)

At Diagnosis

1. Exclude DKA
2. Admit all patients to the ward
3. Perform the newly diagnosed Type 1 diabetes investigations
4. Prescribe the appropriate insulin
5. Provide the newly diagnosed patient information pack
6. Inform Dr J West of patient
7. E-mail the patient's details to:
 - a. the ward clerks, requesting to forward to all members of the Diabetes Team
 - b. Sarah Scotford (Paediatric Secretary)
 - c. the Diabetes Team: wah-tr.paeddiabetes@nhs.net
8. Prescribe TTO's on paediatric newly diagnosed diabetes prescription sheet and send to pharmacy (to facilitate eventual discharge)

On Discharge

1. Ensure the child/young person and family are confident and competent to go home – they must be able to test their blood glucose and manage a hypoglycaemic episode
2. Ensure the child/young person and family have their PDSN's contact details (for advice in normal working hours) and Riverbank Ward's phone number (for advice out of hours and for ongoing open access).
3. Ensure there is appropriate or adequate community support. If the patient is being discharged in the afternoon/evening their long acting insulin (Levemir or Tresiba) can be injected at 5pm to facilitate discharge and prevent the community team needing to perform a home visit to give this injection
4. Ensure the family have appropriate supplies (in addition to TTO's on page 7)
 - NovoPen Echo x2 devices from ward stock
 - Blood glucose meter
 - Sharps box
 - Information starter pack
5. Ensure community support from either Orchard Service or PDSN's in place
6. Follow up appointment in clinic (in 6 weeks) has been made
7. Should not be discharged before GP letter / EDS complete or Discharge letter given to patient

Diabetic Kit Order Sheet

Affix Patient Label here or record:

Name:

NHS No:

Hosp No:

D.O.B: / / Male Female



DIABETIC KIT ORDER SHEET FOR CHILDREN

Ward:	Consultant:
Date:	Ordered by: Bleep:

INSULIN

**Prescriptions for insulin must be completed on trust approved prescription stationery.
 This form cannot be used to supply insulin**

DIABETIC KIT ITEMS

Tick	Kit item	Label	Quantity	Disp	Check
<input type="checkbox"/>	BD Viva 4mm pen needles (WAY587D)	Use as directed	1 box		
<input type="checkbox"/>	Caresens Pro Blood Glucose Strips (WAY650L)	Use as directed	1 box		
<input type="checkbox"/>	Ketosens Ketone Test Strips (WAY6061)	Use as directed	1 box		
<input type="checkbox"/>	Caresens Lancets 28g (WAY696Z)	Use as directed	1 box		
<input type="checkbox"/>	Dextrose tablets (WAH117R)	Use as directed	1 packet		
<input type="checkbox"/>	Glucogel (DU1774X)	Use as directed	1 tube		
<input type="checkbox"/>	Glucagen Hypokit 1mg syringe (DU1207Y)	Use as directed	1 syringe		
<input type="checkbox"/>	Sharps box reminder sticker	Put on the box of needles	1 sticker		

OPTIONAL ITEMS

Tick	Kit item	Label	Quantity	Disp	Check
<input type="checkbox"/>	BD AutoShield Duo 5mm safety needles (WAH365T) (instead of BD Viva needles when insulin administered via pen device by a Healthcare Professional)	Use as directed	1 box		
<input type="checkbox"/>	Glucorx safety lancets (if a Healthcare Professional is helping a patient measure their blood glucose)	Use as directed	1 box		

Structured Education Checklist

What structured education topics should be covered at diagnosis and during the first month following diagnosis?

TOPIC	DATE	DATE	DATE	DATE
What is Diabetes?				
Causes				
Symptoms				
Explanation of Honeymoon Period				
Insulin				
Different types of insulin, action & duration of action				
Dosages				
Use of correction doses				
Storage				
Leaflets				
Injections				
Technique				
Sites/rotation				
Pen/pump device				
Disposal of sharps				
Blood Glucose Monitoring				
Why we test				
How often & when				
Normal range				
When & how to seek advice				
Ketone testing				
Why, how and when to test				
Interpretation of results and actions to take				
When & how to seek advice				
Hypoglycaemia				
What is hypoglycaemia				
Causes/symptoms/prevention				
Management including use of glucose tablets, Glucagon etc.				
Dietary advice				
Healthy eating				
Carbohydrate counting				
Illness Management				
Sick day rules and Diabetic Ketoacidosis prevention				
24hr Telephone contact numbers				
Exercise				
Encouragement of exercise				
Management of exercise with diabetes				
Prescriptions – what is available on the NHS				
Identification				
Medic alert / diabetes card				
Disability Living allowance				
Managing at home and school				
School				
School care plan				
Equipment for school including hypoglycaemia treatment				
Support services including Diabetes UK and JDRF				