

Epilepsy Transition

Key Document code:	WAHT-TP- 052	
Key Documents Owner:	Dr Gallagher	Consultant Paediatrician
Approved by:	Paediatric Quality Improvement meeting	
Date of Approval:	9 th February 2024	
Date of review: This is the most current version and should be used until a revised document is in place	9 th February 2027	

Key Amendments

Date	Amendment	Approved by
26th March 2021	Approved with no amendments	Paediatric QIM
9 th February 2024	Reapproved with no amendments	Paediatric QIM

Epilepsy Transition

The Diagnosis - Does the parent /child understand	Discussed	Reviewed
• That the diagnosis is epilepsy		
• What is epilepsy		
• What their own seizures are like and called		
• Genetics		
The Medication – Does the patient/carer know....		
• The purpose of medication		
• The importance of compliance		
• About possible drug side effects/interactions; e.g. oral contraceptive.		
Basic Information – has the patient/ carer had		
• Basic information booklet		
• Opportunity to see epilepsy video		
• First aid information/poster		
• Information on obtaining a licence and driving/Bus pass		
Lifestyle Issues; Has guidance been given		
• Leading a full and active life		
• Having regular and sufficient sleep		
• Safety at home (Bathing, anti-suffocation pillow)		
• Safety/risks of recreation (swimming, cycling, rock climbing. etc)		
• SUDEP		
• Education and Employment		
• Drugs/alcohol		
• Sex/contraception		
• Conception/pregnancy		
• Sodium Valproate risks and pregnancy		
• Vitamin D supplement and Diet		
• Epilepsy ID/phone health app.		
On-going dialogue		
• Transition Care Plan - discuss, questions and answers		
• Keeping a record/diary of seizures		
• Is patient/carer aware of Epilepsy Action, Young People with Epilepsy		
• GP informed of transition		
• Adults Epilepsy Nurses aware of transition		
	Date	Signature
Transition pack sent:		