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Referral pathways for "Fits, Faints and Funny Turns" in Children & Young People <17 years of age

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This is the most current version and should be used until a revised document is in place		

Key Amendments

Date	Amendment	Approved by
26th March 2021	Approved with no amendments	Paediatric QIM
9 th February 2024	Reapproved with no amendments	Paediatric QIM





Notes:

- A. All children and young people who have non-febrile convulsive seizures should have a careful cardiac history, examination and ECG to detect occult cardiac disorders.
- B. Epilepsy is a clinical diagnosis supported by test results (EEG, MRI & Genetics). A careful history of events is paramount. Ask parents to record video if possible.
- C. EEG can be normal in patients with epilepsy even during seizures (although this is rare) and epileptiform abnormalities on EEG, including EEG photosensitivity, are common in non-epileptic children, especially where there is a family history of epilepsy or a neurodevelopmental disorder.
- D. Buccal Midazolam should only be considered for children with prolonged (>5minutes) or serial seizures.
- E. Febrile seizures are common in children 6 months 5 years with fever >38.5°c, usually the child is 1-3 years of age. Fever can also be a consequence of epileptic seizures especially if prolonged.
- 1. <u>Common non-epileptic paroxysmal disorders are syncope, breath holding, daydreaming, psychogenic seizures, stereotypies, tics, panic attacks and migraine.</u>

<u>Rare</u> but life threatening non-epileptic disorders that must be considered are long QT syndrome and other arrhythmogenic disorders, cardiomyopathy, fabricated and induced illness, hypoglycaemia (blood glucose <2.6mmol).

2. Children attending special schools will usually be managed by the Community Paediatricians and not attend hospital based Epilepsy Clinics.

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