

Use of fetal pillow for failed trial of instrumental delivery

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Approved by:	Maternity Governance Meeting	
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Key Amendments

Date	Amendments	Approved by
8 th February 2021	Fetal pillow to be used for all second stage caesarean sections where difficult delivery of the head is anticipated.	

Aims:

To reduce maternal and fetal trauma associated with second stage caesarean section.

The fetal pillow can be used for any second stage caesarean section where difficult delivery of the head is anticipated, particularly after a failed instrumental.

Consideration can also be given to the use of the fetal pillow at 9cm where delivery is likely to be difficult.

Case selection:

For use following failed trial of instrumental delivery to aid with dis-impaction of the fetal head prior to surgery.

Method for use:

- Remove all instruments from fetal head
- Bi-fold fetal pillow device in two and lubricate
- Insert vaginally to ensure balloon surface in contact with fetal head
- Unfold the fetal pillow to be flat and in contact with fetal head
- Push device as posteriorly as possible towards coccyx
- Placement is similar to application of posterior ventouse cup
- Lay legs flat
- Inflate fetal pillow with 180ml of saline using 60 mls syringe provided (i.e. 3x full syringes)
- Proceed to LSCS
- **DON'T FORGET TO REMOVE DEVICE FOLLOWING LSCS**
- For further help please refer to the laminated posters in theatre