

### Referrals/consent pathway – Prioritisation of referrals

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<b>Approved by</b>	Therapies Clinical Governance Group
<b>Approval Date</b>	19 <sup>th</sup> July 2023
<b>Review Date</b>	19 <sup>th</sup> July 2026 This is the most current document and should be used until a revised version is in place

### Key Amendments

Date	Amendments	Approved by:
25 <sup>th</sup> January 2023	Document extended to 30 <sup>th</sup> June 2023 whilst under review.	Dr J Trevelyan/ Benjamin Thomas
23 <sup>rd</sup> June 2023	Document extended for another 3 months whilst under review.	Benjamin Thomas
19 <sup>th</sup> July 2023	Document reviewed and approved	Therapies Clinical Governance Group

### Orthopaedic – Inpatients (Trauma)

This list is based upon readiness for hospital discharge and clinical need.

#### HIGH

- Obtain medical information regarding new admissions.
- Post-op patients with respiratory conditions.
- Patients for discharge same day - includes day case/minor surgery. Treatment includes exercises, mobility assessments, stairs, OPA, issuing equipment needed for discharge
- First day post-op # NOF - assessment, bed exercises, mobilisation
  - Other First day post-op patients

#### MEDIUM

- Second day post-op. Treatment includes mobility, exercise and advice.
- New patients on bed rest and those awaiting scans and results.
- Mobility progression, to enable soon discharge to own home.

#### LOW

- Fractured neck of femur exercises.
- Mobility progression, for patients requiring intermediate care or rehab.
- Patients on prolonged bed rest (aim to see at least every other day),