

Miami J® Cervical Collar Daily Checks

Patient Name:

COLLAR FITTING



No plastic touching the skin, blue parts to extend beyond all plastic edges

Chin is centred comfortably in the chin piece

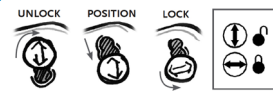
No slack or gaps in the straps

The large front and back openings are centred on the neck

Lateral sides fitting with the back overlapping the front and running parallel to each other

Ensure arrow is pointing upwards

Velcro straps aligned symmetrically, blue on blue



Angulation buttons in locked position and the same position on the left and right sides

Sternal pad sat flat on the sternum

Sides of the front of the collar should be oriented up, off the trapezius and not digging in to the shoulder



SKIN CARE

- Assess skin and check for redness each shift
- Wash skin and ensure skin is dry prior to reapplying collar
- Do not use powder
- Pads must be changed on alternate days (more frequently if damp or soiled)

- Pads should be washed in soap and water (only) and air dried
- Pads should not be disposed of
- For more information please contact:

www.ossur.co.uk



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