

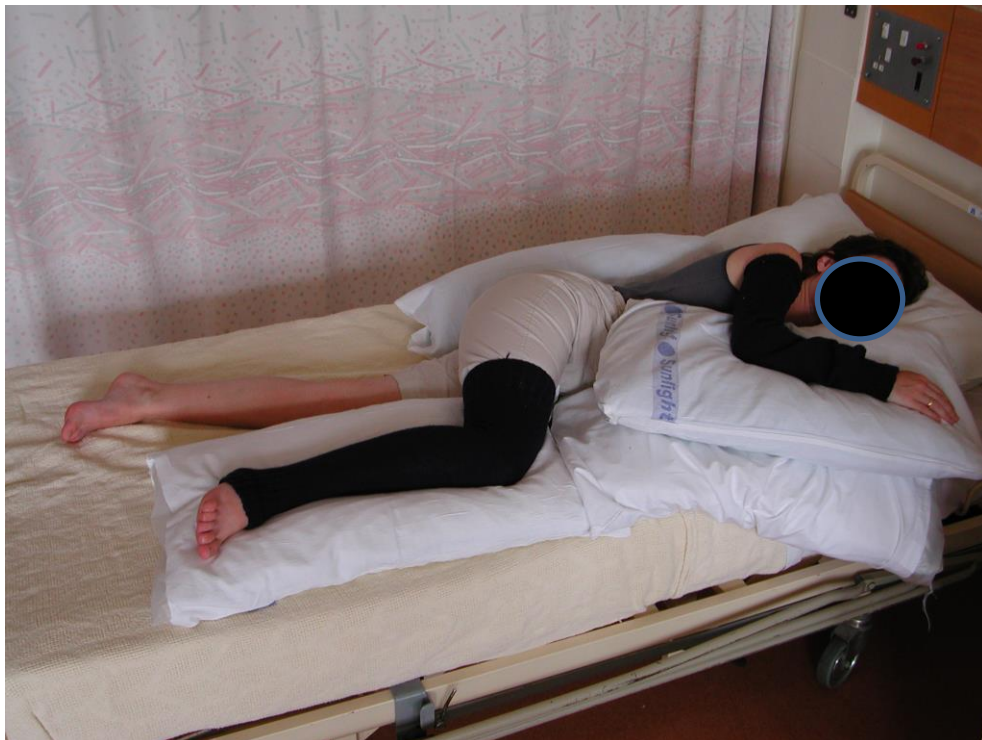
Stroke Positioning Pathway

Side Lying With Hemiplegic Side Uppermost

<b>Owner:</b>	Stephanie Flint, Clinical Lead Physiotherapist for Stroke Neuro-Rehab and Oncology
<b>Approved by</b>	Therapies Clinical Governance Approval Group
<b>Approval Date</b>	29 <sup>th</sup> March 2023
<b>Review Date</b>	29 <sup>th</sup> March 2026 This is the most current document and should be used until a revised version is in place

Key Amendments

<b>Date</b>	<b>Amendments</b>	<b>Approved by:</b>
25 <sup>th</sup> January 2023	Document extended to 30 <sup>th</sup> June 2023 whilst under review.	Dr J Trevelyan/ Benjamin Thomas
March 2023	Document re-approved for 3 years	Therapies Clinical Governance Approval Group



- HEAD:** Neutral position with 2 pillows or equivalent.  
Ensure airway is clear of pillows.
- ARM:** Hemiplegic arm supported uppermost on 2 pillows.  
Shoulder placed forward on the body.  
Elbow placed in partial flexion palm facing downwards.  
Wrist and fingers in neutral.  
Underneath arm placed comfortably forward of the body.
- TRUNK:** Should be straight and not twisted.  
Support with a pillow to maintain trunk position.
- LEG:** Hemiplegic leg is bent forward at the hip and knee and supported with 1 or 2 pillows to prevent trunk falling forward.  
Do not allow the hip to fall backwards
- FOOT:** May need supporting in a neutral position to prevent shortening of calf muscles.