

## Stroke Positioning Pathway

### Sitting at Table to Eat

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<b>Approved by</b>	Therapies Clinical Governance Approval Group
<b>Approval Date</b>	29 <sup>th</sup> March 2023
<b>Review Date</b>	29 <sup>th</sup> March 2026 This is the most current document and should be used until a revised version is in place

### Key Amendments

<b>Date</b>	<b>Amendments</b>	<b>Approved by:</b>
25 <sup>th</sup> January 2023	Document extended to 30 <sup>th</sup> June 2023 whilst under review.	Dr J Trevelyan/ Benjamin Thomas
March 2023	Document re-approved for 3 years	Therapies Clinical Governance Approval Group



**Sitting well supported in chair (as for sitting)**

**Chair should be placed forward at the table.**

**ARM:**

The arm should be placed forward onto the table with a pillow to support the elbow, if needed. The patient should sit sufficiently close to the table to enable the entire forearm, from elbow to hand, to be supported.

Pillows may be used, if the patient needs more support, to maintain an upright midline position.