

Stroke Positioning Pathway

Sitting at Table to Eat

Owner:	Stephanie Flint, Clinical Lead Physiotherapist for Stroke Neuro-Rehab and Oncology
Approved by	Therapies Clinical Governance Approval Group
Approval Date	15 th September 2025
Review Date	15 th September 2028 This is the most current document and should be used until a revised version is in place

Key Amendments

Date	Amendments	Approved by:
25 th January 2023	Document extended to 30 th June 2023 whilst under review.	Dr J Trevelyan/ Benjamin Thomas
March 2023	Document re-approved for 3 years	Therapies Clinical Governance Approval Group
15 th September 2025	No changes – document approved for 3 years	Stephanie Flint Therapy Service Lead for Stroke Complex Care and Oncology/Hematology



Sitting well supported in chair (as for sitting)

Chair should be placed forward at the table.

ARM:

The arm should be placed forward onto the table with a pillow to support the elbow, if needed. The patient should sit sufficiently close to the table to enable the entire forearm, from elbow to hand, to be supported.

Pillows may be used, if the patient needs more support, to maintain an upright midline position.