

## Stroke Positioning Pathway

### Sitting in Wheel Chair

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<b>Approved by</b>	Therapies Clinical Governance Approval Group
<b>Approval Date</b>	29 <sup>th</sup> March 2023
<b>Review Date</b>	29 <sup>th</sup> March 2026 This is the most current document and should be used until a revised version is in place

### Key Amendments

<b>Date</b>	<b>Amendments</b>	<b>Approved by:</b>
25 <sup>th</sup> January 2023	Document extended to 30 <sup>th</sup> June 2023 whilst under review.	Dr J Trevelyan/ Benjamin Thomas
March 2023	Document re-approved for 3 years	Therapies Clinical Governance Approval Group



**ARM:** Shoulders forward supported comfortably on pillows.  
Wrist and hand supported in neutral.  
Use support under the affected arm – this could be with the Bexhill arm support as in the picture, using the bedside table, bed or pillows.

**HIPS / KNEES:** Should be at 90 degrees with feet flat on footplates or the floor if static. If the feet do not touch the footplates refer to the therapist to adjust the height.

**Chairs vary enormously**

**Use chairs recommended by the therapists.**

**Patient should sit upright with bottom as far back in the chair.**

**Weight evenly on both buttocks so trunk remains in the middle.**

**Pillows may be used to maintain this position and provide support.**