

Teaching elderly patients to get on and off the floor Pathway
Definition

Owner:	Benjamin Thomas Physiotherapy and Orthotics Manager
Approved by	Therapies Clinical Governance Group
Approval Date	13 th June 2023
Review Date	13 th June 2026 This is the most current document and should be used until a revised version is in place

Key Amendments

Date	Amendments	Approved by:
25 th January 2023	Document extended to 30 th June 2023 whilst under review.	Dr J Trevelyan/ Benjamin Thomas
23 rd June 2023	Document extended for another 3 months whilst under review.	Benjamin Thomas
13 th June 2023	Document Approved and extended for 3 years	Therapies Governance Group

A **fall** is defined as an event which causes a person to, unintentionally, rest on the ground or other lower level. (WHO, 2021, BMJ)

A **long lie** is defined as remaining on the ground or floor for more than an hour after a fall (Blackburn et al, 2022)