

Early mobilisation of stroke patients Pathway

Responsibility and Duties

Owner:	Stephanie Flint, Clinical Lead Physiotherapist for Stroke Neuro-Rehab and Oncology
Approved by	Therapies Clinical Governance Approval Group
Approval Date	29 th March 2023
Review Date	29 th March 2026 This is the most current document and should be used until a revised version is in place

Key Amendments

Date	Amendments	Approved by:
25 th January 2023	Document extended to 30 th June 2023 whilst under review.	Dr J Trevelyan/ Benjamin Thomas
March 2023	Document re-approved for 3 years with no changes	Therapies Clinical Governance Approval Group

Stroke specialist physiotherapists have a responsibility to keep abreast of new and current evidence within stroke rehabilitation (through literature searches, awareness of new/ current guidelines impacting on stroke and reflective practice) in order to keep their knowledge and skills updated. Stroke specialist physiotherapists will train junior, rotational physiotherapists and other healthcare professionals within the stroke team on effective assessment, positioning and handling of stroke patients.

The Stroke Specialist physiotherapist will undertake a full, accurate assessment to clinically reason whether the patient is ready for mobilisation or not.