

Early mobilisation of stroke patients Pathway

Training and Awareness

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Approved by	Therapies Clinical Governance Approval Group
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Review Date	29 th March 2026 This is the most current document and should be used until a revised version is in place

Key Amendments

Date	Amendments	Approved by:
25 th January 2023	Document extended to 30 th June 2023 whilst under review.	Dr J Trevelyan/ Benjamin Thomas
March 2023	Document re-approved for 3 years	Therapies Clinical Governance Approval Group

Stroke specialist physiotherapists will keep knowledge and skills, in stroke rehabilitation, updated through continuing professional development (evidence based practice, reflection, training/attendance on courses)

Stroke specialist physiotherapists will develop junior physiotherapists, within the stroke team, on effective assessment, positioning and handling of stroke patients. They will complete the standardised, rotational training with junior physiotherapists and each will have an individual Personal Development Review. All healthcare professionals, within the stroke team, have a responsibility to maintain competencies in stroke mobilisation/rehabilitation. The physiotherapists are committed to the implementation of a rolling programme of training for the multi-disciplinary team, which includes positioning and handling of stroke patients. The physiotherapy assistants have competency based training in stroke rehabilitation.