Specialist requesting radiographic investigations Pathway

Limit and Indication of Radiographic Examinations

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Key Documents Owner/Lead:	Kate Harris	Physiotherapy & Orthotics Manager	
Approved by:	Therapies Clinic	Therapies Clinical Governance Approval Group/ DMB	
Date of Approval:	16 th May 2023		
Date of review:	16 th May 2026		
	This is the most current document and should be used until		
	a revised versior	n is in place	

Key Amendments

Date	Amendment	Approved by
16 th December 2022	Addition of Femur, Tibia & Clavicle x-ray Addition of Shoulder CT Both additions reflecting agreed P37 Non- medical requested imaging exams	Therapies Clinical Governance Approval Group/ DMB

Investigation	View	Indication
Spine	 AP (inclusive of odontoid peg in cervical spine *) Lateral Weight Bearing AP & lateral lumbar spine ** Flexion & extension views cervical spine ** WB AP thoracic & lumbar *** 	 History of trauma* **; RA with signs and symptoms of instability not already excluded Fracture not already excluded i.e. trauma, osteoporosis Rheumatoid arthritis (no film in the last 3 years or worsening symptoms) Spinal pain failed to respond to conservative treatment and suspect pathology other than OA (no film in the last 3 years or worsening symptoms) Known/suspect spondylolisthesis/spondylosis Bony evaluation lumbar spine if reported lumbarisation or sacralisation on MRI Adolescent spinal pain not responding to conservative treatment > 60 years old with sudden onset spinal pain, not resolving Bone pain with history cancer (<i>urgent MRI required if not recent - see MRI protocol</i>) Suspected origin for lower limb pain i.e. referral to hip /knee Post surgery ** To identify and/or evaluate presence of spondylolythesis i.e. pre-surgical assessment spinal alignment to inform surgical technique *** Evaluate scoliosis

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		NHS Trus
Pelvis	 AP Lateral hip 	 Suspected OA hip Pain, swelling and/or deformity Post-surgery History of injury with no previous x-ray Sacroilitis/ suspect inflammatory arthropathy
Нір	• AP (Reduces scatter effect resulting in high quality individual hip image compared with AP pelvis)	 Post-surgery Suspected bony injury/pathology
Femur	AP & Lateral	Suspected periprosthetic fracture
Knee	 AP & Lateral tibiofemoral joint WB AP & lateral tibiofemoral joint Skyline view patellofemoral joint Tunnel view **** Roseburg view (PA 30 degrees) 	 Suspect OA Evaluate extent of OA (WB >50yrs old) Loose body Patella Maltracking Pain, swelling and/or deformity Post-surgery History of injury with no previous x-ray Osteochondritis dessicans ****Suspected bony injury/fracture/osteochondral lesion Lateral compartment OA but not showing on WB PA
Tibia	AP & Lateral	Suspected periprosthetic fracture
Ankle	AP standingLateral	Suspected bone and/or joint pathology
Foot/feet	 AP & lateral standing Non-weight bearing	 Suspected bone/and or joint pathology Post-surgery OA History of injury with no previous x-ray
Shoulder CT ROBO ONLY Mr Knox/Mr Malik		 Pre-op work up for Total shoulder replacement Pre-op work up for stabilisation following in shoulder instability patients

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		NHS Trus
		 Pre-op work up for acute or chronic proximal humeral fractures To assess glenoid retroversion in instability Conservative and pre op work for acute or chronic proximal humeral #
Shoulder ACJ SCJ Humerus	 AP Apical oblique Axillary Supraspinatus outlet Lateral Sternocostal joint(SCJ) Acromioclavicular joint (ACJ) -WB if subluxation 	 Calcific tendonitis OA Impingement Trauma/instability Pre-injection if >3/12 since last x-ray Pain, swelling and/or deformity Post surgery Suspect rotator cuff failure with resulting upward migration of humeral head OA suspected SCJ / exclude other bony pathology
Clavicle		 Post-op fracture follow up including conservative management pre and post op surgery
Elbow	 AP Lateral 	Suspected bone and/or joint pathology
Wrist	 AP Lateral (ensure on wrist not inclusive whole forearm) 	 Pain, swelling and/or deformity Post-surgery History of injury with no previous x-ray