

Instructions following follicle tracking scan on Clomid or Letrozole

- Please have a blood test to check your progesterone level on
Day.....Date..... and contact the Fertility Specialist Nurse 2 working
days later for the results
- A result greater than 15 = ovulation, you will be advised to continue on the
same dose of medication & that no further scans are required
- A result less than 16 = no ovulation & you will be advised to
increase the dose of medication as follows : -

If taking Clomid 50mg (1 tablet), increase to Clomid 100mg (2 tablets)

If taking Clomid 100mg (2 tablets), increase to Clomid 150mg (3 tablets)

If taking Letrozole 2.5mg (1 tablet), increase to Letrozole 5mg (2 tablets)

If taking Letrozole 5mg (2 tablets), increase to Letrozole 7.5mg (3 tablets)
- **If the medication dosage changes, on day 1 of your bleed, you must book a
follicle tracking scan via the details below**
- If you do not have regular cycles and have been given Medroxyprogesterone
Acetate (MPA) to bring on a bleed, please wait until day 35 of your cycle. Please
take a pregnancy test at home; if this is negative you can then start taking your
MPA as prescribed. When a bleed occurs you can stop taking the MPA (even if
this means not finishing the entire course) and on day 2 of your bleed you can
commence your Clomid or Letrozole
- If you have a positive pregnancy test result, please let us know via the details
below

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