

## COAGULOPATHY

- Haemostasis is immature during the neonatal period and does not attain full function until aged 6 months
- Normal ranges for prolonged prothrombin time (PT) and activated partial thromboplastin time (APTT) are difficult to define, making interpretation of results difficult
- There is considerable uncertainty about the use of fresh frozen plasma (FFP) in neonates
- Prophylactic use of FFP, including before surgery, is of unproven benefit

### INVESTIGATIONS

***Do not perform coagulation screening routinely.  
Results are difficult to interpret, and routine testing may lead to increased transfusion of FFP without benefit***

#### Check clotting in:

- Selected babies with evidence of bleeding or who are at high risk of disseminated intravascular coagulation (DIC) e.g. severe sepsis or NEC
- Babies receiving therapeutic hypothermia
- Metabolic disease: urea cycle disorder, galactosaemia, tyrosinaemia, organic acidaemia
- Significant liver dysfunction or conjugated jaundice
- Babies undergoing surgery or tissue biopsy who have had previous bleeding problems
- Family history of inherited bleeding disorder (after discussion with consultant haematologist)
- Thrombocytopenia (see **Thrombocytopenia** guideline)

#### Sampling

- Ensure sample from a free-flowing vein (peripheral or umbilical) or from an arterial line before heparinising
- Fill exactly to black mark on tube (usually 1.3 mL)
- If sample clots (this does not confirm normal coagulation), repeat
- If sampling from arterial line with heparin infusion, take larger volume (e.g. 2.5 mL) from dead-space (see **Arterial line sampling** guideline)

#### Request

- INR (measure of PT)
- APTT
- Fibrinogen
- If features of DIC (e.g. bruising, bleeding, sepsis), request fibrin degradation products and D-dimer (if available)
- If concerned/unsure about initial results, seek senior advice

#### Normal values

Test	Value	
	30–36 weeks' gestation	Term
<b>Prothrombin time</b>	8.5–17 sec	8.5–14.4. sec
<b>Activated partial thromboplastin time</b>	0–21 days: 27–75 sec 22–90 days: 26.9–62.5 sec	28–55 sec
<b>Thrombin time</b>	9–15 sec	9–15 sec
<b>Fibrinogen</b>	1.5–4.0 g/dL	1.5–4.0 g/dL

#### Note

- Normal values vary greatly between sources. Few sources give values for preterm babies
- Coagulopathy defined as PT or APPT >1.5 x midpoint of normal range

## IMMEDIATE TREATMENT

- No evidence to support the use of FFP to try to correct abnormalities of coagulation screening alone in non-bleeding babies
- FFP may be of benefit to babies with clinically significant bleeding (including massive blood loss) or before invasive procedures with a risk of significant bleeding, if they also have an abnormal coagulation profile defined as a PT or APTT significantly above normal gestation or postnatal age-related reference range (see **Table**)
- In inherited clotting factor deficiencies, use FFP only when pathogen inactivated factor unavailable. Discuss with consultant haematologist before giving FFP
- If INR alone is raised (>2), and clotting samples were performed before first dose of vitamin K, repeat clotting screen. If sample taken after first dose of vitamin K, repeat dose (see **Vitamin K** guideline)
- vitamin K dose also indicated in case of isolated raised INR or prolonged PT
- If APTT raised and active bleeding give FFP 10–20mL/kg over 30–60 min

***Do not use FFP or cryoprecipitate purely for volume replacement or polycythaemia without coagulopathy***

### **Cryoprecipitate**

- Indicated for hypofibrinogenaemia (fibrinogen level <0.8–1.0 g/L) either congenital or secondary to DIC/sepsis **WITH** bleeding
- Give 5–10 mL/kg over 30–60 min

## MONITORING

- Repeat coagulation profile 2–4 hr after FFP/cryoprecipitate
- Give further treatment only if bleeding persists – do not treat abnormal clotting screen in the absence of bleeding
- If abnormal coagulation persists for >24 hr in the absence of any precipitating factors, seek advice from haematologist