

# ANORECTAL MALFORMATION

## INTRODUCTION

Anorectal malformation (ARM) occurs in 1 in 5,000 neonates; rarely missed in boys but can be missed in girls. ARMs are associated with other abnormalities including the VACTERL association, chromosomal abnormalities, duodenal atresia and oesophageal atresia

***Missing anorectal malformation in a girl is usually a breach of duty***

## BOYS:

- **Figure 1:** anus not present, rectum may have a fistula to the bulbar urethra, prostatic urethra or bladder neck
- **Figure 2:** anus not present, rectum opens via a fistula outside the muscle complex on the perineum
- **Figure 3:** anus not present, meconium passed per urethra



**Figure 1:** Anus is absent



**Figure 2:** Fistula opening onto scrotal raphe



**Figure 3:** ARM with a fistula to the urinary tract

- Once diagnosed, all boys should be kept nil-by-mouth, have an IVI and urgent transfer for surgery

## GIRLS



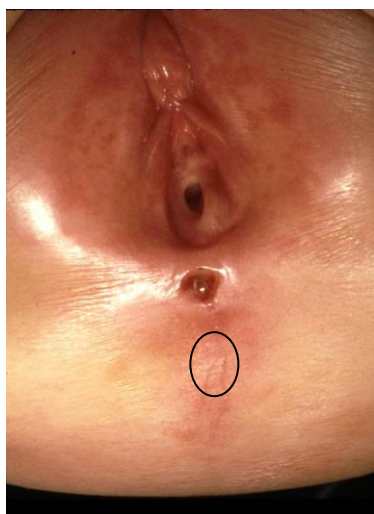
**Figure 4:**

- Normal urethra, vagina, perineal body, anus
- Anal opening in the muscle complex



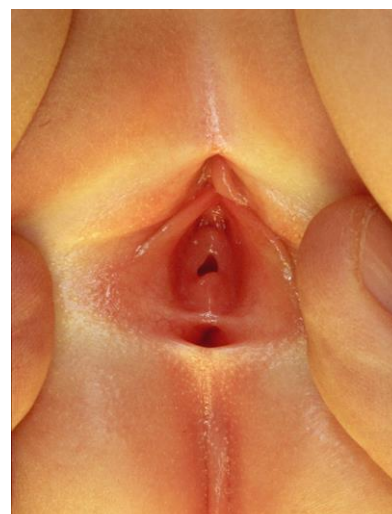
**Figure 5:**

- True anterior anus – rare
- Opening of adequate size with muscle all around, but a very small perineal body
- No surgery required (requires routine referral)



**Figure 6:**

- Recto-perineal fistula (muscle complex circled)
- Opening is a fistulous connection to the rectum – may not be adequate and is easily missed
- Surgery almost always indicated – refer urgently
- If obstructed, emergency surgery may be required



**Figure 7:**

- Recto-vestibular fistula
  - Opening immediately behind the vagina
  - No perineal body
  - Emergency referral almost always required – opening will be insufficient to decompress the bowel
- 
- More extreme but rare cases of recto-vaginal fistula and cloaca should be identified at neonatal check
  - Always check for anorectal malformation when:
    - abnormal looking perineum
    - delayed/no passage of meconium
    - abdominal distension
    - bilious vomiting

### Non-urgent referral

- Most newborn girls with abnormal perineum require urgent referral; discuss with surgeon and see within a few days if:
  - opening of adequate size to decompress the rectum **and**
  - plenty of meconium being passed **and**
  - no distension or vomiting

## EXAMINATION

- Full physical examination
- look for:
  - dysmorphic features
  - cardiac anomalies
  - limb anomalies
  - abdominal distension
- describe the perineum

### Caution

- Presence of meconium in nappy **does not** exclude an ARM, as neonate may still pass meconium through a fistula
- Always clean the perineum and establish that a normally sited anus is present

## MANAGEMENT

- Depends on size of any opening – see above
- If obstructed:
  - nil-by-mouth, 8 Fr NGT, empty stomach by aspirating 4-hrly with a syringe and place NGT on free drainage by connecting to a bile bag
- Insert IV cannula and obtain blood for FBC, U&E, glucose and blood cultures
- Start maintenance IV fluids (see **Intravenous fluid therapy** guideline)
- Give broad spectrum antibiotics
- Give vitamin K IM (see **Vitamin K** guideline)
- Collect pre-transfusion bloodspot and send with baby to surgical centre
- Replace nasogastric losses mL-for-mL using sodium chloride 0.9% with 10 mmol potassium chloride in 500 mL IV
- Chest X-ray to confirm position of NGT, assess vertebral anomalies and cardiac outline
- Supine abdominal X-ray looking for dilated bowel/associated bowel atresia vertebral anomalies
- combined chest and abdominal X-ray is suitable as an alternative
- Take photographs of baby for parents if required

### Referral

- Refer to paediatric surgical team
- Complete nursing and medical documentation for transfer and arrange electronic transfer of any X-rays taken. Ensure you have mother's name and telephone contact details (including ward details if she is still an inpatient). Surgeon will require verbal telephone consent if an operation is required and an individual with parental responsibility is not able to attend surgical unit at appropriate time
- Inform surgical unit staff when baby ready for transfer. Have available: name, gestational age, weight, ventilatory and oxygen requirements (if applicable) and mother's name and ward (if admitted)
- Obtain sample of mother's blood for crossmatch
- sample tube must be clearly handwritten and labelled with mother's name, date of birth, NHS number, and date and time of collection
- complete form
  - add baby's details to ensure it is clear that sample relates to mother of baby being transferred (this information is required by surgical unit blood bank)

## USEFUL INFORMATION

- <https://bwc.nhs.uk/paediatric-surgery-treatments>
- <https://www.e-lfh.org.uk/programmes/paediatric-surgery/>