



PATIENT INFORMATION

**EYELID SURGERY – INFORMATION
FOR PATIENTS OF MR JACKSON**



Eyelid Surgery

Your doctor has recommended surgery to the eyelids. This is usually performed under Local Anaesthetic as a Day Case procedure.

Before Surgery

Blood pressure & diabetes should be as well controlled as possible.

At Surgery

You will need somebody to bring you & take you home on the day of surgery.

Local anaesthetic eye drops will be given before you enter the theatre. Then a local anaesthetic injection will be injected into the eyelid(s). Although uncomfortable, this takes less than 1 minute. Your face will then be cleaned with antiseptic solution prior to or following the injection.

You should tell the surgeon if you need to cough or if there is any discomfort so that he/she can give further local anaesthetic.

Postoperatively

If a dressing is applied, you will be advised when to remove it. Do not be alarmed if you see a little blood on the dressing; this is normal. Expect the eyelids to be swollen and tender for a week or so.

Swelling

Measures to help reduce the swelling include:

- 1. Sleeping propped up with 3 pillows.**
- 2. Ice packs 5 times daily for the first 3 days after surgery.**
- 3. Simple painkillers e.g. paracetamol.**

A postoperative appointment will be arranged in the outpatient clinic.

If you have any concerns prior to your booked appointment, please contact:-

Eye Clinic

01562 826359

If your symptoms or condition worsens, or if you are concerned about anything, please call your GP, 111, or 999.

Patient Experience

We know that being admitted to hospital can be a difficult and unsettling time for you and your loved ones. If you have any questions or concerns, please do speak with a member of staff on the ward or in the relevant department who will do their best to answer your questions and reassure you.

Feedback

Feedback is really important and useful to us – it can tell us where we are working well and where improvements can be made. There are lots of ways you can share your experience with us including completing our Friends and Family Test – cards are available and can be posted on all wards, departments and clinics at our hospitals. We value your comments and feedback and thank you for taking the time to share this with us.

Patient Advice and Liaison Service (PALS)

If you have any concerns or questions about your care, we advise you to talk with the nurse in charge or the department manager in the first instance as they are best placed to answer any questions or resolve concerns quickly. If the relevant member of staff is unable to help resolve your concern, you can contact the PALS Team. We offer informal help, advice or support about any aspect of hospital services & experiences.

Our PALS team will liaise with the various departments in our hospitals on your behalf, if you feel unable to do so, to resolve your problems and where appropriate refer to outside help.

If you are still unhappy you can contact the Complaints Department, who can investigate your concerns. You can make a complaint orally, electronically or in writing and we can advise and guide you through the complaints procedure.

How to contact PALS:

Telephone Patient Services: 0300 123 1732 or via email at: wah-tr.PALS@nhs.net

Opening times:

The PALS telephone lines are open Monday to Friday from 8.30am to 4.00pm. Please be aware that you may need to leave a voicemail message, but we aim to return your call within one working day.

If you are unable to understand this leaflet, please communicate with a member of staff.