

## Referrals/consent pathway – Prioritisation of referrals

Owner:	Michael Mundy/Benjamin Thomas
Approved by	Therapies Clinical Governance Approval Group
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**Key Amendments** 

Date	Amendments	Approved by:
25th January 2023	Document extended to 30th June 2023 whilst	Dr J Trevelyan/
	under review.	Benjamin Thomas
23 <sup>rd</sup> May 2023	Document reviewed and separated by	Michael
	speciality (Musculoskeletal/Pelvic	Mundy/Benjamin
	Health/Rheumatology)	Thomas

## **Prioritisation Levels - MSK Physiotherapy**

Tier	Definition	Examples	Action
Priority 1 (Urgent)	Patients to be seen in <1 week	<ul> <li>Post MUA or Capsular release surgery</li> <li>Hand tendon repairs/Splinting requirements inc Trapeziectomy, Dupuytrens – urgent referral to OT</li> <li>Nerve repairs</li> <li>Patients requiring changes to braces and/or boots – timings as per post op instructions and protocol</li> <li>List not exhaustive and clinical reasoning to be used</li> </ul>	Face to face usually required.  Consider virtual management where possible based on patient preference and clinical reasoning.  Able to offer at all sites
Priority 2 (Urgent)	Patients to be seen in <2 weeks	<ul> <li>ACL Surgery</li> <li>Arthroplasty/revision/replacement surgery</li> <li>Acute trauma – soft tissue, ligamentous, bone (If seen by physio in trauma clinic may not need to be seen within 2/52)</li> <li>Achilles ruptures/repairs</li> <li>Oncology – mastectomy, lumpectomy, neck dissection</li> <li>Suspected Chronic regional pain syndrome</li> <li>Paediatric Musculoskeletal conditions</li> <li>Priority 3 patients who have been waiting &gt;3 months</li> <li>List not exhaustive and clinical reasoning to be used</li> </ul>	Face to face or virtual management based on patient preference and clinical reasoning.  Able to offer at all sites

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	be seen in <3 months	<ul> <li>Chronic pain</li> <li>OA</li> <li>Degenerative non-urgent pathologies</li> <li>Vestibular</li> </ul>	Face to face or virtual management based on patient preference and clinical reasoning.
		List not exhaustive and clinical reasoning to be used	Able to offer at all sites