

### Referrals/consent pathway – Prioritisation of referrals

<b>Owner:</b>	Michael Mundy/Benjamin Thomas
<b>Approved by</b>	Therapies Clinical Governance Approval Group
<b>Approval Date</b>	28/06/2023
<b>Extension approved:</b>	
<b>Review Date</b>	28/06/2026

### Key Amendments

Date	Amendments	Approved by:
25th January 2023	Document extended to 30th June 2023 whilst under review.	Dr J Trevelyan/ Benjamin Thomas
23 <sup>rd</sup> May 2023	Document reviewed and separated by speciality (Musculoskeletal/Pelvic Health/Rheumatology)	Michael Mundy/Benjamin Thomas

### Prioritisation Levels – Pelvic Health Physiotherapy

Tier	Definition	Examples	Action
<b>Priority 1 (Urgent)</b>	Patients to be seen in <1 week	<ul style="list-style-type: none"> <li>Pelvic Girdle pain that cannot be managed with video advice</li> </ul> <p>(List not exhaustive and clinical reasoning to be used)</p>	<p>Face to face usually required.</p> <p>Consider virtual management where possible based on patient preference and clinical reasoning.</p> <p>Able to offer at all sites</p>
<b>Priority 2 (Urgent)</b>	Patients to be seen in <2 weeks	<ul style="list-style-type: none"> <li>Post-natal diastasis (between 2-4 weeks)</li> <li>Post-natal pelvic floor dysfunction</li> <li>Post-natal pelvic girdle pain</li> <li>3<sup>rd</sup>/ 4<sup>th</sup> degree tears (seen on ward, telephone call at 6 weeks)</li> <li>Post lat dorsi reconstruction (4 weeks)</li> <li>Antenatal carpal tunnel</li> <li>Post natal de Quervains Tenosynovitis</li> </ul>	<p>Face to face or virtual management based on patient preference and clinical reasoning.</p> <p>Able to offer at all sites</p>
<b>Priority 3 (Routine)</b>	Patients to be seen in <3 months	<ul style="list-style-type: none"> <li>Pelvic floor dysfunction- including Stress urge incontinence/urge incontinence, prolapse, bowels problems</li> <li>Post urology surgery (prostatectomy, TURP)</li> </ul>	<p>Face to face or virtual management based on patient preference and clinical reasoning.</p> <p>Able to offer at all sites</p>

		<ul style="list-style-type: none"><li>• Pelvic pain not related to pregnancy</li><li>• Post uro-gynae surgery</li></ul>	
--	--	---	--