PHYSIOTHERAPY PATHWAY WAHT-TP-011



Referrals/consent pathway – Prioritisation of referrals

Owner:	Benjamin Thomas Physiotherapy and Orthotics Manager	
Approved by	Therapies Clinical Governance Group	
Approval Date	19 th July 2023	
Review Date	19 th July 2026	
	This is the most current document and should be used until a	
	revised version is in place	

Key Amendments

Date	Amendments	Approved by:
25 th January 2023	Document extended to 30 th June 2023 whilst	Dr J Trevelyan/
	under review.	Benjamin Thomas
23 rd June 2023	Document extended for another 3 months	Benjamin Thomas
	whilst under review.	
19 th July 2023	Document reviewed and approved	Therapies Clinical
-		Governance Group

Orthopaedic - Inpatients (Elective))

This list is based upon readiness for hospital discharge and clinical need.

HIGH

- Obtain medical information regarding new admissions and patients due for theatre that day
- Pre-op day cases
- Post –op patients with respiratory conditions
- Patients for discharge that day includes minor surgery, exercises, mobilisation, stairs and OPA.
- First day post-op mobilisation, bed exercises, CPM,

MEDIUM

- Second day post-op. Treatment includes mobility, exercise and advice.
- Mobility progression, to enable soon discharge to own home.

LOW

- Mobility progression, for patients requiring intermediate care or rehab.
- Progression and monitoring of exercises