

Procedure for Tobacco Dependency Team

Service / Department: Tobacco Dependency Team
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Approved by Medicines Safety Committee	
Approval Date : 13 th July 2023	
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This is the most current document and should be used until a revised version is in place	

Aim and Scope of Procedure

This procedure defines the way in which the Tobacco Dependency Team (TDT) will review inpatients as part of the Trust support service for inpatients to quit smoking, provide nicotine replacement therapy (NRT) and refer patients to their chosen community pharmacy via the PharmOutcomes system, for ongoing post-discharge support.

Key Staff Responsibilities

Post	Responsibilities
<ul style="list-style-type: none"> • Tobacco Dependency Project Manager 	Overall responsibility
<ul style="list-style-type: none"> • Tobacco Service Lead • Lead Respiratory Practitioner • Lead Tobacco Dependency Advisor 	Overall management and co-ordination of the inpatient tobacco dependency team and service Ensuring all staff are trained and assessed as competent to carry out these procedures and that the procedures are updated as and when necessary to reflect best practice and the highest standards of professionalism

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<ul style="list-style-type: none"> Tobacco Dependency Advisors (TDAs) 	Ensuring that they understand and are compliant with the procedures and identify as and when procedures need to be adapted and amended to reflect user and patient need
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Key amendments to this guideline

Date	Amendment	Approved by:
13 TH July 23	New document approved	MSC

References:

<u>Internal Documents:</u>	<u>Code:</u>
Worcestershire Place Inpatient Management of Tobacco Dependency	
WAHT Medicines Policy	WHAT-CG-580
<u>External Documents:</u>	<u>Where held:</u>

1. Allergy information:

Before a TDA recommends any NRT they must check the recorded allergy status of the patient. If a previous reaction to any NRT product is recorded they cannot proceed and must refer the patient to the medical/surgical team for NRT review.

2. Active Smoker Admitted to the Hospital. The admitting team, within the Trust(s) electronic patient record will:

- Screen the patient for smoking status and identify as 'Current Tobacco Smoker'.
- Referral is sent to the Tobacco Dependency Team.
- Smoker is provided with very brief advice.
- Smoker is offered short and long acting NRT automatically calculated from cigarettes smoked per day (NRT started within 2 hours' general adult admission).

3. TOBACCO DEPENDENCY TEAM REVIEW: WITHIN 48HRS (GENERAL ADULT) OF ADMISSION:

- TDA will identify smokers for TDT review via the EPR.
- Smoker is offered a 45-minute consultation with a specialist TDA:
 - Patient declines stop smoking attempt- no NRT required.
 - Patient wishes to abstain in hospital but not on discharge- NRT whilst inpatient only.
 - Patient wishes to attempt smoking cessation- NRT in hospital and 2 weeks supply on discharge.
- If NRT is indicated the TDA will advise the ward prescriber to prescribe the recommended product(s) on the inpatient prescription chart.
- Patches will be prescribed in the 'regular' medication section, and lozenges in the 'when required' section of the inpatient prescription chart.
- If the patient is already prescribed NRT, current therapy is reviewed and amended as required.
- The TDA will counsel the patient regarding how to use the NRT.
- Behavioural change support and motivational interviewing provided by TDA.
- Follow-up plan will be agreed with patient.
- Patients who are in hospital will be reviewed weekly
- Patient will choose preferred Community Pharmacy Advanced Service for ongoing support post discharge. TDA will record with in the patient's medical notes.
- TTO's for 2 weeks to be prepared from prescription chart with both long and short acting NRT
- TDA will arrange letter sent to GP to inform of Quit attempt.

4. Discharge Pathway

For patients undertaking a quit attempt:

- Ward team prescribe NRT on patient's TTO, indicating that 2 weeks' supply has been provided.
- Tobacco Dependency Team refer patient to their chosen Community Pharmacy Advanced Service, via PharmOutcomes.
 - 1 week telephone follow up.
 - 4-week telephone follow up.
 - 12-week telephone follow up.

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- Patients abstaining only from smoking whilst an inpatient, will be discharged from the Tobacco Dependency Team's care but signposted to appropriate community resources should they wish to undertake a quit attempt in the future.