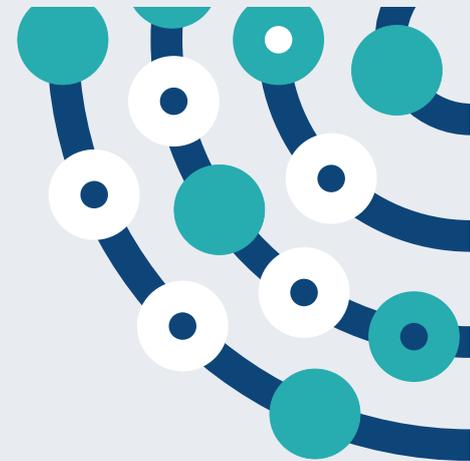


# ReSPECT



## ReSPECT Worksheet

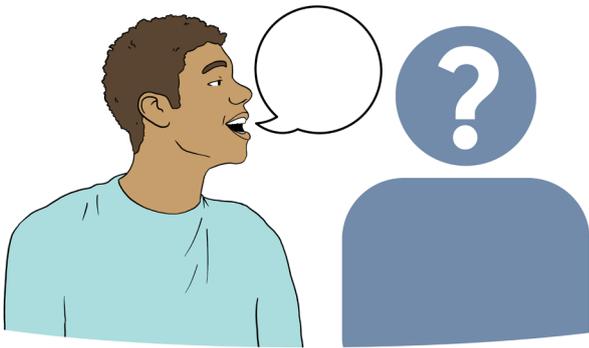


This worksheet will help you to think about what you might need to support you to make your ReSPECT plan. You can bring it with you to your ReSPECT meeting.



A ReSPECT Plan tells people what you would and would not want to happen if you need emergency care and treatment.

## Before you make your plan



Who do you want to talk with about your ReSPECT Plan?



Do you understand what a ReSPECT plan is? If not, please read our Easy Read Guide



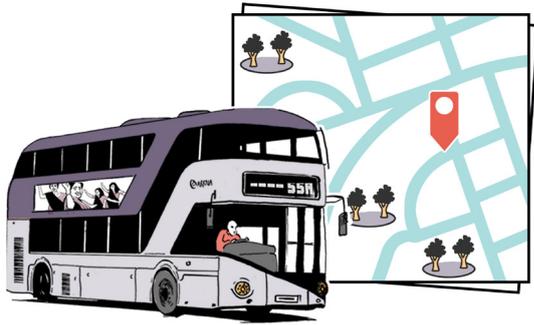
Are there any questions you want to ask about a health emergency?

Please draw or write your ideas here

Please draw or write your ideas here



## Before the meeting



Do you need travel directions or a bus route or map to get there?



Do you need a quiet room?



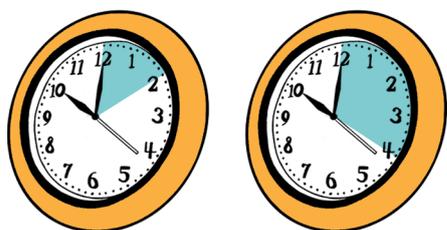
Do you want to know where the toilets are?

Please draw or write your ideas here

Please draw or write your ideas here



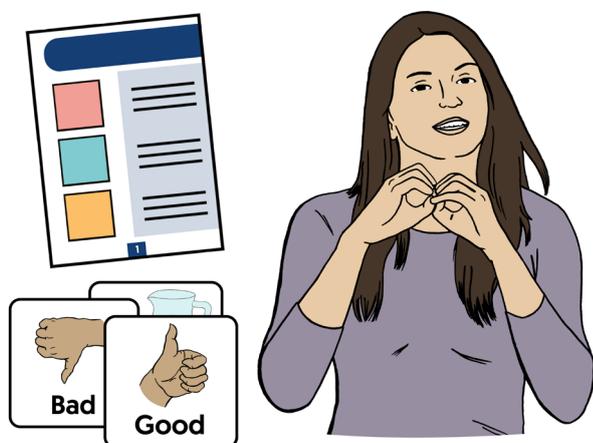
## In your ReSPECT meeting



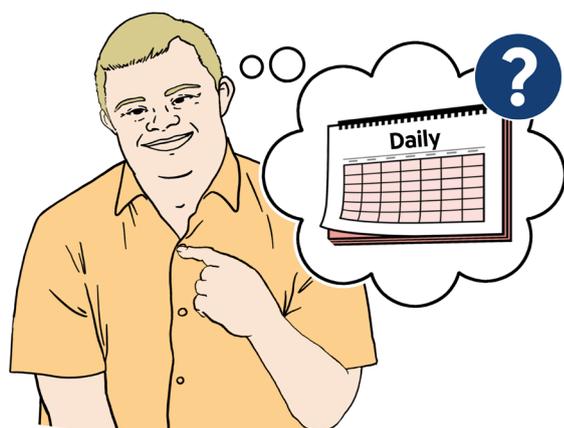
Will you need more time in your meeting?



Who do you want to bring with you to support you?



Do you need any support to communicate? Are there any tools or ways that you use to do this?

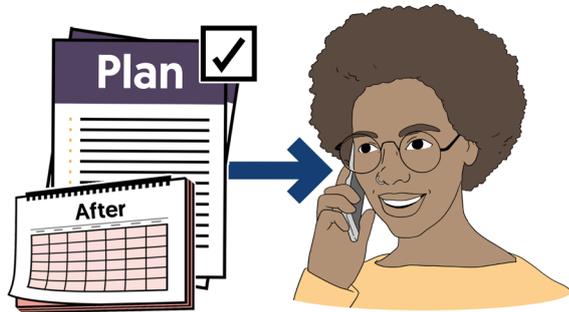


What do you use to help you get what you need in your daily life?

Please draw or write your ideas here



## After you make your ReSPECT plan



Do you want to be contacted to see how you are after you have made your ReSPECT plan?



Who do you want to contact you to do this?

Please draw or write your ideas here

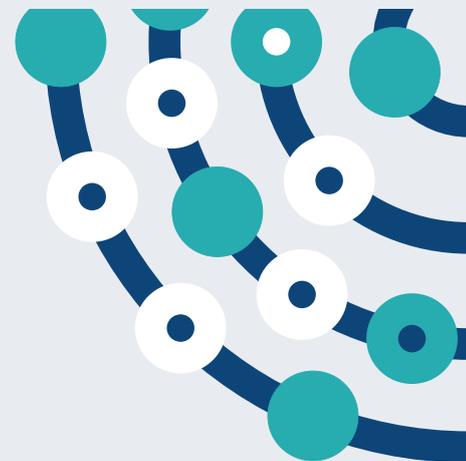
Please draw or write your ideas here



A large, empty rectangular box with a dark blue border, occupying most of the page. It is intended for taking notes.

A large, empty rectangular frame with a dark blue border, occupying most of the page. It is intended for taking notes.

# ReSPECT



Images & Design © CHANGE

ReSPECT logo reproduced with kind permission of Resuscitation Council (RCUK)

This project was funded by the NIHR HSDR Programme (project number NIHR 13/13/16). The views expressed are those of the authors and not necessarily those of the NIHR or the Department of Health and Social Care.