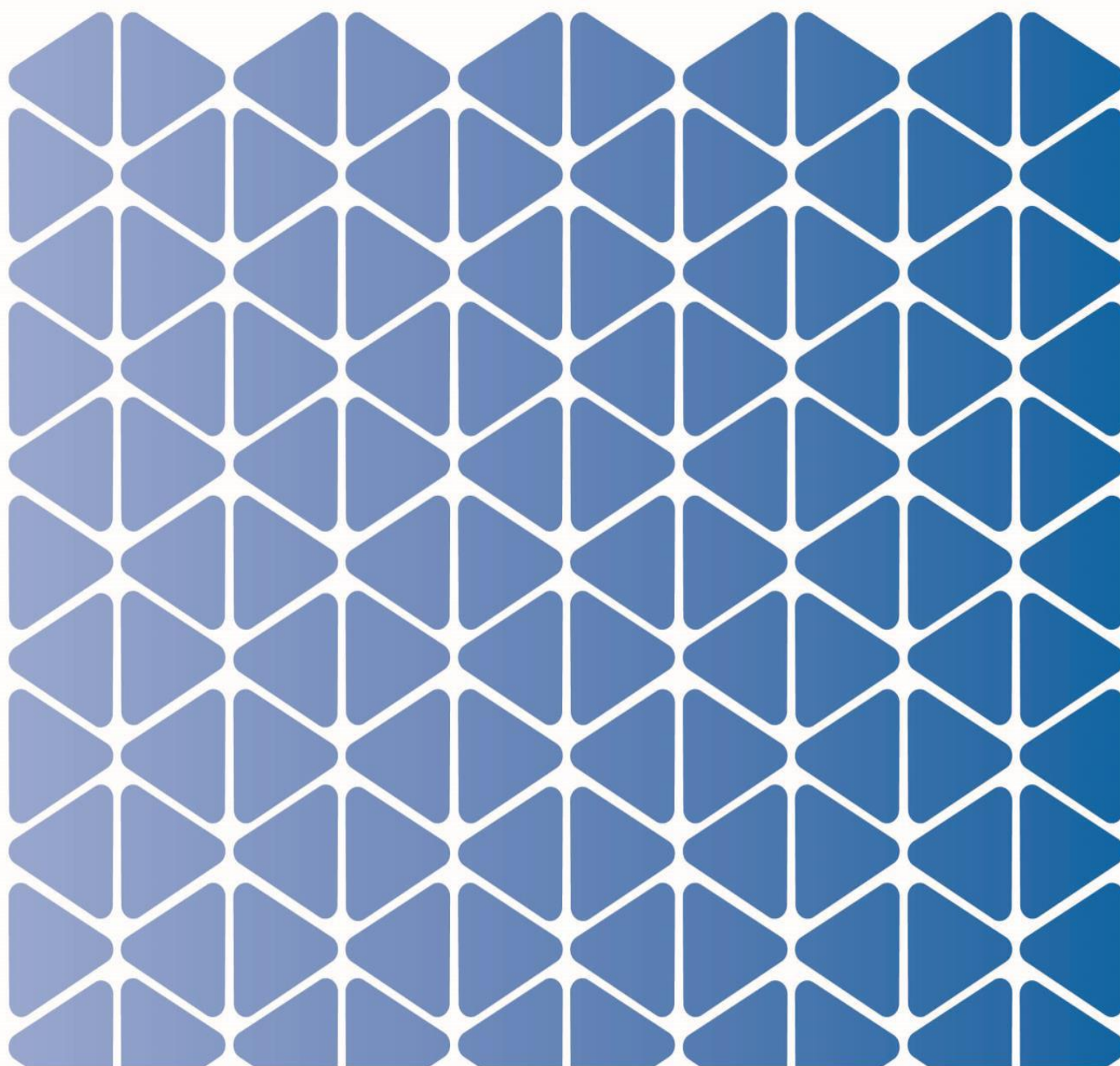


PATIENT INFORMATION

CHLORYL HYDRATE SEDATION EEG

What you can expect



What is a Chloryl Hydrate Sedation EEG?

An electroencephalogram (EEG) records the electrical activity of the brain. Your child's paediatrician has requested a sleep EEG with Chloryl Hydrate Sedation.

How to prepare for the test

- ❖ It is **essential** for you to **confirm that you can attend** this appointment , within 5 working days, by calling us on 01905 733532 between 8am – 4pm Monday to Friday. Failure to do so may result in the appointment being re-allocated.
- ❖ Your child should **NOT** have any food or milk after 2.00 am, after this they should have clear fluids only until 7.00. After 7.00am they should have **NOTHING** to eat or drink.
- ❖ Your child's hair should be clean and free of hair products.
- ❖ Your child should take their medicines as normal. Please bring a list of all their current medications with you.

What to expect during the test

The EEG takes around 2 hours. You should report to the Children's Outpatient Department. Small metal discs will be placed on your child's head with a paste. They will not feel anything from the EEG and the Chloryl Hydrate will put them to sleep during the test.

Their hair may be 'messy' after this and will need to be washed when you get home. You may like to bring something to cover your child's head afterwards.

How do I get the results?

Your child's test results will be interpreted by the specialists and the results will be passed on to your Paediatrician, who will discuss these with you.

Additional Information

Unfortunately, we cannot see people who are more than 20 minutes late. It can take a long time to park, so please give yourself plenty of time to get here.

Information about travelling between the hospitals, bus route options, parking and ambulance transport can be found on the back of your appointment letter.

You may wish to bring a relative or friend to accompany you. However please do not bring other children with you to this appointment.

Worcester Royal Hospital is a teaching hospital and there may be students observing or performing your test.

Directions to the department

The Children's Outpatient Department is located on Level 0 (River Level) at the Worcester Royal Hospital. As you enter through the main entrance take the lift or stairs opposite down one floor. When facing the Neurophysiology department take the corridor on the right. Children's Outpatient Department is the first door on the left.

Where can I find more information?

If you have any queries please call the Neurophysiology department on 01905 760697.

Further information about the test is available at:

www.ans.uk.org/tests

www.bscn.org.uk

If your symptoms or condition worsens, or if you are concerned about anything, please call your GP, 111, or 999.

Patient Experience

We know that being admitted to hospital can be a difficult and unsettling time for you and your loved ones. If you have any questions or concerns, please do speak with a member of staff on the ward or in the relevant department who will do their best to answer your questions and reassure you.

Feedback

Feedback is really important and useful to us – it can tell us where we are working well and where improvements can be made. There are lots of ways you can share your experience with us including completing our Friends and Family Test – cards are available and can be posted on all wards, departments and clinics at our hospitals. We value your comments and feedback and thank you for taking the time to share this with us.

Patient Advice and Liaison Service (PALS)

If you have any concerns or questions about your care, we advise you to talk with the nurse in charge or the department manager in the first instance as they are best placed to answer any questions or resolve concerns quickly. If the relevant member of staff is unable to help resolve your concern, you can contact the PALS Team. We offer informal help, advice or support about any aspect of hospital services & experiences.

Our PALS team will liaise with the various departments in our hospitals on your behalf, if you feel unable to do so, to resolve your problems and where appropriate refer to outside help.

If you are still unhappy you can contact the Complaints Department, who can investigate your concerns. You can make a complaint orally, electronically or in writing and we can advise and guide you through the complaints procedure.

How to contact PALS:

Telephone Patient Services: 0300 123 1732 or via email at: wah-tr.PALS@nhs.net

Opening times:

The PALS telephone lines are open Monday to Friday from 8.30am to 4.00pm. Please be aware that you may need to leave a voicemail message, but we aim to return your call within one working day.

If you are unable to understand this leaflet, please communicate with a member of staff.