

<b>Title of Document:</b>	IR(ME)R procedure (E) - The assessment of patient dose and administered activity
<b>Directorate:</b>	<b>RADIOLOGY DIRECTORATE</b>
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Wording adjusted post NM IRS audit. DRLS X 5 to be reported on Datix	14.01.2026
<b>Individuals involved in developing / reviewing / amending this document: (titles only)</b>	
Nuclear Medicine Lead	
Medical Physics Expert / Radiation Protection Advisor	
Radiation Protection Supervisors	
<b>Key staff responsibilities</b>	<b>Post:</b>
To record dose information, report incidents	Operators
Incident dose assessment, dose systems calibration	Medical physics expert
Arrange dose monitoring programmes.	QA co-ordinator

In-line with regulation 6 schedule 2 (e) requirements within IRMER 2017, the purpose of this procedure is to enable assessment of patient dose for any medical exposure including accidental or unintended.

This procedure applies to all medical exposures within Radiology, Cardiology and Interventional.

### **Practice**

#### **The Practitioner:**

- Justifying an exposure should have knowledge of the radiation risks and associated patient dose for the given examination and should be aware of their responsibility in keeping patient dose to a minimum.

#### **The Operator:**

- Will report any exposures resulting in 5 times the LDRL with no obvious explanation (e.g. Patient habitus) to the nominated area lead. The nominated area lead is listed in the weekly Rota.
- Will add an incident report to the Trust reporting system (Datix).
- Must record the dose quantity as described further below for each patient record in RIS.

### **Dose Recording**

#### **Details MUST be recorded on the Radiology Information System (RIS)**

Details for ALL Radiology examinations should include:

- Patient Identifiable Details
- Examination room number
- Type of examination (with enough anatomical detail to cross reference exposures to room exposure charts, protocols etc.)

**For each modality please also see relevant required information in the appropriate section below:**

#### **Plain film/Dentals:**

1. Separate doses into projections used. This is to ensure LDRLs are as accurate as possible.

E.g. Knee

#### **Incorrect:**



This total dose could represent total for standard AP/LAT projections or AP/LAT, tunnel & skyline.

#### **Correct:**



2. The DAP is recorded for each individual projection

3. Number of images accepted

Used

4. Number of images Rejected (with reason)

Rej	Reason
<input type="text" value="0"/>	<input type="text"/>

#### Fluoroscopy/Interventional/Cardiology

1. Fluoroscopy screening time
2. Dose Area Product (DAP)
3. Skin Dose (where available)

Each Dose recording should be reflective under projection with DAP recorded under ALL and Skin Dose under SD.

Proj  

ALL
SD

#### CT

1. CT Dose index (CTDI), number of slices, changes to standard CT parameters which is stored on PACS.
2. Dose Length Product (DLP) on RIS

#### Nuclear Medicine

1. Radiopharmaceutical and activity identified on Radiopharmacy label, attached to the NM checklist
2. Administration route (if not defined by protocol)
3. All examinations completed must have dose monitoring recorded (MBq) in scanned documentation within RIS as well as within internal documents for environmental monitoring purposes.

#### Ortho/Urology/Pacing Theatres:

1. Each examination dose recording should be recorded as a whole under projection code ALL

Proj  

ALL
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2. UNITS AND Screening time

At times operators may be asked to keep a record of additional patient or examination information (such as patient weight) required by the monitoring protocol (in addition to information listed in above).

### **Dose Monitoring**

The MPE performs an annual patient dose audits using the dose data that is sent to the MPE on a monthly basis:

1. It is therefore part of the routine QA programme.
2. A dose audit is used to highlight the effects of any optimisation, change in protocol or equipment
3. It provides a set data that forms our local diagnostic reference levels (LDRL)
4. Used to highlight areas where doses are un optimized or equipment is deteriorating

An Annual Patient Dose report is submitted by the MPEs for review and associated actions/investigations may be created as a result of this report and monitored as specified in procedure D.