

Title of Document:	IR(ME)R procedure (H) – for the giving of information and written instructions as referred to in regulation 12(6) regarding diagnosis or treatment with radioactive medicinal products
Directorate:	RADIOLOGY DIRECTORATE

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Updated to add links for documents	29.09.2025
Patients advised to carry appointment letters when travelling	29.09.2025
Reference to pregnancy in IRMER C	29.09.2025
Key staff responsibilities	Post:
It is the responsibility to ensure compliance with this procedure	Operator

In-line with regulation 6 schedule 2 requirements within IR(Me)R 2017, the purpose of this procedure is to identify appropriate situations which require information and instructions to be given to patients following administration of radioactive medicinal products

Within the Radiology department the only radioactive medicinal products given are for diagnosis and this procedure will act as a guide for radiology staff.

Practice

Written guidance must be given to all patients that receive more than **400MBq** of Tc99m. The information leaflet for patients with capacity can be found in *Appendix A*.

Due to sensitive dose monitoring devices installed in airports, boarder crossings and rail terminals. Patients will be advised by staff to carry their appointment letter when travelling.

For inpatients:

Patients must be banded with a yellow wrist band Information must also be given to the team in care of the patient, please refer IRMER procedure N; comforters and carers, Appendix D.

For Nursing Home/Hospice patients:

Information is sent back with the attending patient with advice for care home/hospice staff on how to care for these patients and in event of contamination through bodily fluids.

A copy of this information letter can be found in *Appendix B*.

Young persons:

In the case of a young person the information must be given, to the person with parental responsibility. However, if the young person has the capacity to give informed consent, they should also be given the instruction.

Pregnancy:

Patients receive information regarding pregnancy and breastfeeding, as noted in IRMER procedure C.

Appendix A

<M:\Acute\Radiology\Radiology Team Share Point\CHECKLISTS, EQUIPMENT LISTS & QUESTIONNAIRES\NUCLEAR MEDICINE\PATIENT AND C&C INFORMATION FOLLOWING BONE SCAN.pdf>

Appendix B

<M:\Acute\Radiology\Radiology Team Share Point\CHECKLISTS, EQUIPMENT LISTS & QUESTIONNAIRES\NUCLEAR MEDICINE\Nursing staff and carers info.docx>