

Discharge from the Neonatal Unit

This guideline does not override the individual responsibility of health professionals to make appropriate decisions according to the circumstances of the individual patient in consultation with the patient and/or carer. Health care professionals must be prepared to justify any deviation from this guidance.

The following National/Regional Guidance is adopted for use within the Trust

[Neonatal Discharge and Follow up 2025-28](#)

This guidance is for use by the following staff groups:

Neonatal Staff

Specialty/Department/Service

Neonatal

Accountable committee/group

Paediatric Governance Group

Approved for use date

21st January 2026

The table below highlights any sections of the national guidance, that the Trust has **not** adopted or unable to follow

National Recommendation	Local Variation	Alternative key document