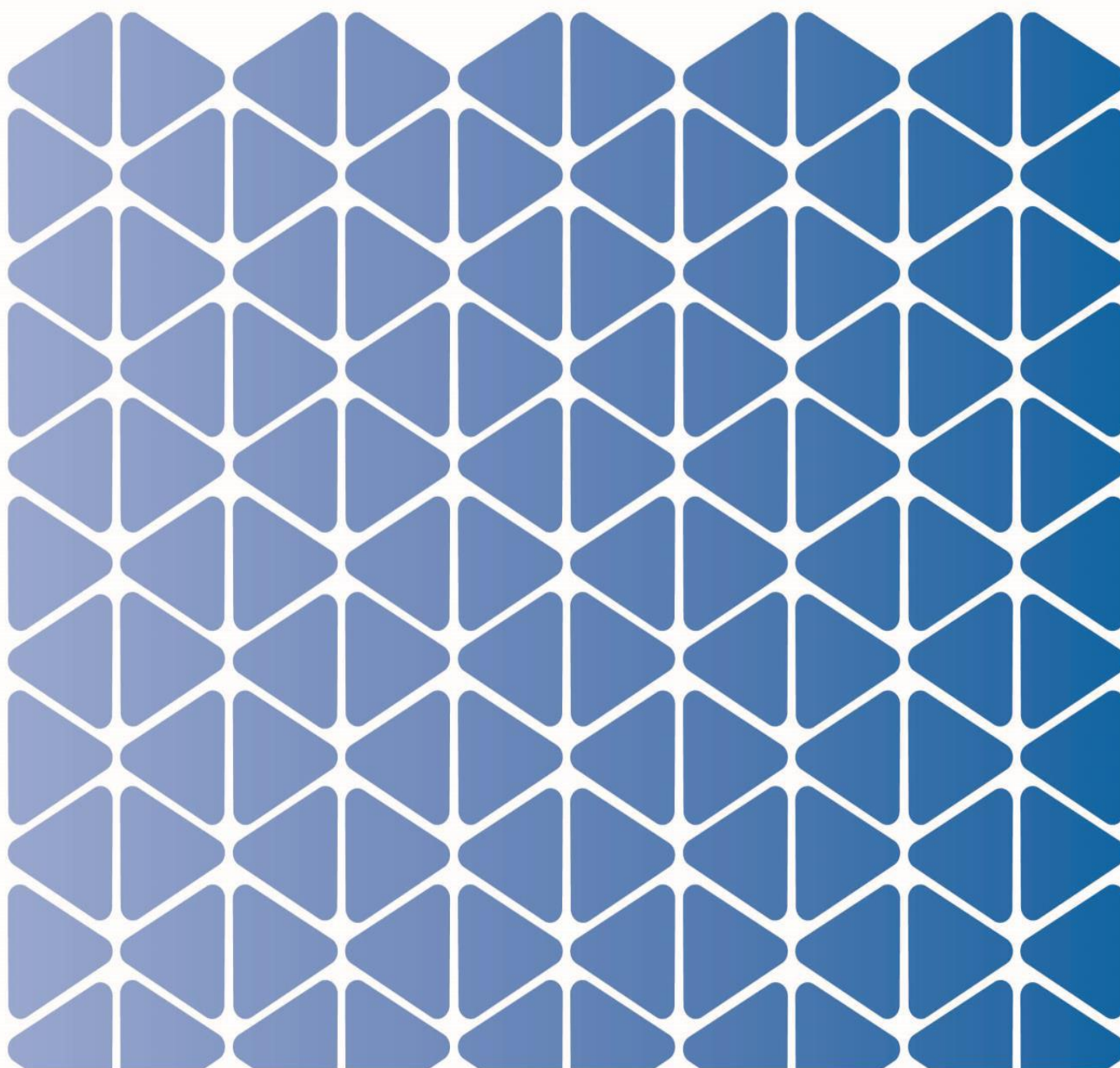


PATIENT INFORMATION**INFORMATION FOR PATIENTS RECEIVING
SEDATION AND PAIN RELIEVING
MEDICATIONS DURING CARDIAC CATHETER
LAB PROCEDURES**

During your procedure you may receive a sedative medication (normally Midazolam and/or Diazepam) and a pain relief medication (normally Fentanyl and/or Morphine).

You should be made aware that these medications can cause some side-effects including:

- Drowsiness
- Nausea
- Headaches
- Loss of balance and being generally unsteady on your feet
- Poor co-ordination and clumsiness

After having sedation (particularly Midazolam) some people do not remember the procedure itself or up to 24 hours following the procedure. This is a normal response and should not have any long-term effects, but the effects of some of these medications can be felt for up to 24 hours after your procedure.

Due to the medications that we may give you, it is essential that you must:

- Be accompanied home
- Be careful when climbing stairs
- Take care around your home

Especially, if you feel any of the mentioned side-effects of these medications.

AVOID FOR THE FIRST 24 HOURS POST PROCEDURE:

- Being left alone
- Driving or go cycling
- Doing any strenuous exercise and activities
- Going walking alone
- Drinking alcohol
- Using machinery or domestic equipment
- Making any important decisions e.g. financial decisions

This will give the medication we have given you enough time to be flushed out of your system, and any side-effects to subside.

HOWEVER, YOU CAN:

- Eat and drink as you feel able
- Rest and ordinary walking around the house and garden is fine
- Take painkillers (recommended by the cardiology team) and any regular medications that have been prescribed

If you have any concerns or are at all worried about any aspects of your recovery at home from sedation or pain-relieving medications, you can contact us at Cath Lab, your GP or 111. **If you are concerned there is a life-threatening situation, please call 999 and explain to operators who can best advise you.**

Cardiac Catheter Lab
Worcester Royal Hospital
Monday – Saturday
7:00am – 8:00pm
Tel: 01905 733205

Patient Experience

We know that being admitted to hospital can be a difficult and unsettling time for you and your loved ones. If you have any questions or concerns, please do speak with a member of staff on the ward or in the relevant department who will do their best to answer your questions and reassure you.

Feedback

Feedback is really important and useful to us – it can tell us where we are working well and where improvements can be made. There are lots of ways you can share your experience with us including completing our Friends and Family Test – cards are available and can be posted on all wards, departments and clinics at our hospitals. We value your comments and feedback and thank you for taking the time to share this with us.

Patient Advice and Liaison Service (PALS)

If you have any concerns or questions about your care, we advise you to talk with the nurse in charge or the department manager in the first instance as they are best placed to answer any questions or resolve concerns quickly. If the relevant member of staff is unable to help resolve your concern, you can contact the PALS Team. We offer informal help, advice or support about any aspect of hospital services & experiences.

Our PALS team will liaise with the various departments in our hospitals on your behalf, if you feel unable to do so, to resolve your problems and where appropriate refer to outside help.

If you are still unhappy you can contact the Complaints Department, who can investigate your concerns. You can make a complaint orally, electronically or in writing and we can advise and guide you through the complaints procedure.

How to contact PALS:

Telephone Patient Services: 0300 123 1732 or via email at: wah-tr.PALS@nhs.net

Opening times:

The PALS telephone lines are open Monday to Friday from 8.30am to 4.00pm. Please be aware that you may need to leave a voicemail message, but we aim to return your call within one working day.

If you are unable to understand this leaflet, please communicate with a member of staff.